

# FINDING RADICAL INSPIRATION

*Reflect on history – your own and the world’s – to find moments of radical inspiration.*

## **RADICAL INSPIRATION IN THE WORLD**

Pick a hero – political, historical, religious, fictional, etc. – and study their story. What values, life events, and circumstances led them to engage in meaningful change?

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What do you have in common with your heroes?

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Who are the political leaders, religious leaders, or activists that inspire you now? In what ways can you support or join their cause?

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## **RADICAL INSPIRATION IN YOUR LIFE STORY**

What are some of the bright spots in your life currently? Take a moment to write out what brings you joy, your happiest memories, and what you consider your greatest accomplishments.

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Write about something you once thought of as a setback or failure. What lessons or redirections have come from this experience? Write about the good or the growth that has come out of it.

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Think about something challenging you are currently experiencing. What might you do if you knew it would all work out in the end?

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